

Building healthy and inclusive neighbourhoods

Maple Ridge

ABOUT COAST MENTAL HEALTH

Coast Mental Health (CMH) advocates for people and their families with mental health challenges. We believe in three essential pillars of sustained recovery: Housing, Support Services, and Education & Employment. We have over 47 years of experience serving 4,500 people every year through our programs and services. Our more than 50 facilities across Greater Vancouver and Lower Mainland continue to grow because of our specialized expertise and community-based support services in mental health.

OUR SERVICES IN MAPLE RIDGE



Alouette Heights 22207 Brown Ave

- Transitioned to CMH March 2017
- 46 homes with support services
- 8 full-time mental health workers and nurse*
- Outreach Team is available Sunday to Saturday at this location

Royal Crescent 22548 Royal Crescent Avenue

- Opened October 2018
- 53 homes with support services
- 14 full-time mental health workers and nurse*
- Daily meal and breakfast
- Community programming**



Garibaldi Ridge 11749 Burnett Street

- Opened September 2019
- 51 homes with support including 16 full-time mental health workers and nurse*
- Daily meal and breakfast
- Community programming**

*Staff supports are available 24hrs/7days a week, including a range of inpatient and outpatient supports with Fraser Health.

** This includes volunteering, employment opportunities and social connections.



Learn more about our Employment Program
Visit www.coastmentalhealth.com

COMPASSION, COURAGE, RECOVERY

All our tenants are encouraged to work with CMH staff to set goals and access appropriate health services.

- Psychiatric treatment
- Rehabilitation and recovery
- Reconnecting with a local doctor
- Residential treatment programs:
 - detox and day treatment programs
 - drug and alcohol counselling
 - mental health teams and services
- Referral to local Health Authorities for higher levels of care

COMMUNITY SAFETY

- 24/7 onsite Mental Health Workers
- Tenant selection is based on ability to provide the right level of support to all
- Regular inspections of the property
- Signed tenancy agreement or program agreement and a crime-free addendum
- Optimized lighting, security cameras, fob access only, staffed-run reception, and a contained outdoor space for smoking
- Community Advisory Committee with representatives from BC Housing, Fraser Health, local service providers, supportive housing residents, RCMP and first responders, and selected community members

GET INVOLVED

- Visit www.LetsTalkHousingBC.ca to review our community engagement activities
- Read [At Home/Chez Soi Project](#), Mental Health Commission of Canada, which investigates solutions to homelessness among people with mental health challenges
- Join our Community Advisory Committee
- Share your suggestions and concerns with us
- Invite us to participate in an info session with your community group
- Organize a tour and meet our staff at one of our facilities
- Contact us to learn about our volunteering opportunities

OUR SUCCESSES

- A member of CMH Street Clean Team gains employment with a local construction company.
- A female tenant completes her Safe Serve Food Certification and gains job-ready skills working alongside our cook at Royal Crescent.
- In June 2019, 75 people (tenants, Maple Ridge residents, volunteers and staff) enjoyed a neighbourhood barbecue at Royal Crescent.



COAST
MENTAL HEALTH
Compassion Courage Recovery

For more information, contact jason.payne@coastmentalhealth.com

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